

**Application for Graduate Fellowship Competence Form**

**Position: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Last Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **First Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

In addition to your **cover letter** and **resume**, please complete the following form and submit with your application for fellowship materials.

**Please indicate by use of an (X) in the appropriate column your level of interest in, preparation for and competency in teaching each activity listed below. All activities are to be rated:**

**0 = Insufficient familiarity with activity to teach any level; no interest in pursuing in-service assignment in this area.**

**1 = Insufficient familiarity with activity to teach any level but, would like to increase competence with in-service assignment.**

**2 = Limited familiarity with activity; some reservations to teach beginning level, but would like to increase competency with in-service assignments.**

**3 = Familiarity with activity; competency to teach beginning level; some reservation to teach**

**past the beginning level.**

**4 = Familiarity with activity; competency to teach intermediate level; some reservation to teach past intermediate level.**

**5 = Complete familiarity with activity; competency to teach advanced skills without reservation.**

**ACTIVITY RATING**

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|  | | 0 | | 1 | | | 2 | | | 3 | | | | 4 | | | 5 | |
| Aerobic Activities | |  | |  | | |  | | |  | | | |  | | |  | |
| Aerobic Dance | |  | |  | | |  | | |  | | | |  | | |  | |
| Archery | |  | |  | | |  | | |  | | | |  | | |  | |
| Badminton | |  | |  | | |  | | |  | | | |  | | |  | |
| Basketball | |  | |  | | |  | | |  | | | |  | | |  | |
| Boating & Canoeing | |  | |  | | |  | | |  | | | |  | | |  | |
| Bowling | |  | |  | | |  | | |  | | | |  | | |  | |
| Co-ed Games in PE | |  | |  | | |  | | |  | | | |  | | |  | |
| Conditioning + Fitness | |  | |  | | |  | | |  | | | |  | | |  | |
| Cycling | |  | |  | | |  | | |  | | | |  | | |  | |
| Approaches to Dance: | | See subcategories | | | | | | | | | | | | | | | | |
| Ballet | |  | |  | | |  | | |  | | | |  | | |  | |
| Ballroom Dance | |  | |  | | |  | | |  | | | |  | | |  | |
| Jazz Dance | |  | |  | | |  | | |  | | | |  | | |  | |
| Line Dance | |  | |  | | |  | | |  | | | |  | | |  | |
| Modern Dance | |  | |  | | |  | | |  | | | |  | | |  | |
| Multicultural Dance | |  | |  | | |  | | |  | | | |  | | |  | |
| Square Dance | |  | |  | | |  | | |  | | | |  | | |  | |
| Tap Dance | |  | |  | | |  | | |  | | | |  | | |  | |
| Fit For Life | |  | |  | | |  | | |  | | | |  | | |  | |
| Golf | |  | |  | | |  | | |  | | | |  | | |  | |
| Gymnastics: | | See subcategories | | | | | | | | | | | | | | | | |
| Men’s Apparatus | |  | |  | | |  | | |  | | | |  | | |  | |
| Women’s Apparatus | |  | |  | | |  | | |  | | | |  | | |  | |
| Artistic | |  | |  | | |  | | |  | | | |  | | |  | |
| Educational | |  | |  | | |  | | |  | | | |  | | |  | |
| Men’s Floor Exercise | |  | |  | | |  | | |  | | | |  | | |  | |
| Women’s Floor Exercise | |  | |  | | |  | | |  | | | |  | | |  | |
| Rhythmic | |  | |  | | |  | | |  | | | |  | | |  | |
| Tumbling | |  | |  | | |  | | |  | | | |  | | |  | |
| Handball | |  | |  | | |  | | |  | | | |  | | |  | |
| Hiking + Backpacking | |  | |  | | |  | | |  | | | |  | | |  | |
| In-Line Skating | |  | |  | | |  | | |  | | | |  | | |  | |
| Jogging | |  | |  | | |  | | |  | | | |  | | |  | |
| Karate | |  | |  | | |  | | |  | | | |  | | |  | |
| Kayaking | |  | |  | | |  | | |  | | | |  | | |  | |
| Lacrosse: | | See subcategories | | | | | | | | | | | | | | | | |
| Co-ed | |  | |  | | |  | | |  | | | |  | | |  | |
| Men’s | |  | |  | | |  | | |  | | | |  | | |  | |
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| **ACTIVITY** | 1 | | | 2 | | | 3 | | | 4 | 5 | | | 6 | | | |
| Martial Arts: | See subcategories | | | | | | | | | | | | | | | | |
| Karate |  | |  | | |  | | |  | | | |  | | |  | |
| Self Defense |  | |  | | |  | | |  | | | |  | | |  | |
| Tae Kwon Do |  | |  | | |  | | |  | | | |  | | |  | |
| Movement Concepts & Skill Themes |  | |  | | |  | | |  | | | |  | | |  | |
| Mountain Biking |  | |  | | |  | | |  | | | |  | | |  | |
| New & Field Games (i.e. Korf Ball,  Speed-a-Way, Speedball, Frisbee,  Hocker) |  | |  | | |  | | |  | | | |  | | |  | |
| Orienteering |  | |  | | |  | | |  | | | |  | | |  | |
| Outdoor Adventure (Ropes Course) |  | |  | | |  | | |  | | | |  | | |  | |
| Outdoor Pursuits  (Camp-5 Day Experience) |  | |  | | |  | | |  | | | |  | | |  | |
| Personal Fitness |  | |  | | |  | | |  | | | |  | | |  | |
| Pickleball |  | |  | | |  | | |  | | | |  | | |  | |
| Racquetball |  | |  | | |  | | |  | | | |  | | |  | |
| Rock Climbing |  | |  | | |  | | |  | | | |  | | |  | |
| Skiing: | See subcategories | | | | | | | | | | | | | | | | |
| Cross Country |  | |  | | |  | | |  | | | |  | | |  | |
| Snowshoeing |  | |  | | |  | | |  | | | |  | | |  | |
| Soccer (Indoor) |  | |  | | |  | | |  | | | |  | | |  | |
| Soccer (Outdoor) |  | |  | | |  | | |  | | | |  | | |  | |
| Softball: | See subcategories | | | | | | | | | | | | | | | | |
| Slow Pitch |  | |  | | |  | | |  | | | |  | | |  | |
| Squash |  | |  | | |  | | |  | | | |  | | |  | |
| Swimming: | See subcategories | | | | | | | | | | | | | | | | |
| Basic Instruction |  | |  | | |  | | |  | | | |  | | |  | |
| Advanced Instruction |  | |  | | |  | | |  | | | |  | | |  | |
| Adapted Aquatic Instructor |  | |  | | |  | | |  | | | |  | | |  | |
| Diving |  | |  | | |  | | |  | | | |  | | |  | |
| Life Guarding |  | |  | | |  | | |  | | | |  | | |  | |
| W.S. I. / Life Saving |  | |  | | |  | | |  | | | |  | | |  | |
| Water Polo & Activities |  | |  | | |  | | |  | | | |  | | |  | |
| Fitness Swimming |  | |  | | |  | | |  | | | |  | | |  | |
| Table Tennis |  | |  | | |  | | |  | | | |  | | |  | |
| Team Handball | |  |  | | |  | | |  | | | |  | | |  | |
| Tennis | |  |  | | |  | | |  | | | |  | | |  | |
| Track & Field: | | See subcategories | | | | | | | | | | | | | | | |
| Cross Country | |  | |  | | |  | | |  | | | |  | | |  |
| Field Events | |  | |  | | |  | | |  | | | |  | | |  |
| Track Events | |  | |  | | |  | | |  | | | |  | | |  |
| Variable Resistance Training | |  |  | | |  | | |  | | | |  | | |  | |
| Volleyball | |  |  | | |  | | |  | | | |  | | |  | |
| Weight Training | |  |  | | |  | | |  | | | |  | | |  | |
| Yoga | |  |  | | |  | | |  | | | |  | | |  | |

Please **list** 3-5 skill areas you feel most competent to teach and briefly describe your experience in those areas:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Coaching Experience (please circle all that apply):**

Professional Intercollegiate Interscholastic Club Youth None

Top three sports in which you are interested in coaching (first to last choice):

1.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Playing Experience**

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| --- | --- | --- | --- |
| **SPORT** | **YEARS EXPERIENCE** | **HIGH SCHOOL or COLLEGE** | **RELATED HONOR/AWARDS** |
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**Coaching Experience**

|  |  |  |  |
| --- | --- | --- | --- |
| **SPORT** | **YEARS EXPERIENCE** | **HIGH SCHOOL or COLLEGE** | **RELATED HONOR/AWARDS** |
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|  |  |  |  |

**What are your expectations/goals from this experience?**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**Are you First Aid Certified?** (Y/N) **Are you CPR Certified?** (Y/N) **Do you have a car?** (Y/N)

**Related Experience:**

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_