Advisements

- Students and employees should contact their health insurance company directly for details regarding specific insurance coverage at any of the listed hospitals or walk-in clinics.
- Charges incurred for medical services performed outside the Health Center (e.g., laboratory services, radiology services) or at any of the listed hospitals or walk-in clinics are the responsibility of the student or employee.
- The Health Center does not bill any health insurance and there is no co-pay associated with visits.
- The required health form must be submitted to the Health Center no later than July 15 for fall entry, Dec. 15 for spring entry, and April 15 for summer entry.

After-hours Care

American Family Care

415 Cooley Street, Unit #3 Springfield, Mass. (413) 782-4878 Hours: Monday - Friday, 8 a.m. - 8 p.m. Saturday, Sunday, holidays, 8 a.m. - 5 p.m. Closed Thanksgiving and Christmas

Family Care Medical Center

1515 Allen Street Springfield, Mass. (413) 783-9114 Hours: Monday - Friday, 8:30 a.m. – 9 p.m. Saturday, Sunday, holidays, 8:30 a.m. – 5 p.m. Closed Thanksgiving and Christmas

No appointment is required at above locations.

The Springfield College Health Center



Division of Student Affairs 263 Alden Street Springfield, MA 01109-3797 T: (413) 748-3175 F: (413) 748-3444 healthcenter@springfield.edu springfield.edu/healthcenter

V SPRINGFIELD

Local Hospitals

Baystate Medical Center

759 Chestnut Street
Springfield, Mass.
(413) 794-0000 (General Information)
(413) 794-3233 (Emergency and Trauma Services)
Open 24 hours per day, seven days per week
(including holidays)

Mercy Medical Center

271 Carew Street Springfield, Mass. (413) 748-9000 (General Information) (413) 748-9670 (Emergency Department) Open 24 hours per day, seven days per week (including holidays)

V SPRINGFIELD

Health Center

263 ALDEN STREET SPRINGFIELD, MA 01109-3797

PHONE: (413) 748-3175 FAX: (413) 748-3444

healthcenter@springfield.edu springfield.edu/healthcenter

Introduction

The Springfield College Health Center provides medical services to all students and employees through the delivery of patient care, health education, and wellness promotion. The Health Center also complies with Massachusetts state mandate of immunizations. This is included in the required health form.

Health Center Hours

The Health Center is open Monday through Friday from 8 a.m. to 4:30 p.m. while the College is in session during the fall and spring semesters, with patient care services available Monday through Friday from 8:30 a.m. to 4 p.m. During spring, summer, and winter breaks, the Health Center is open Monday through Friday from 8 a.m. to 4 p.m. Patient visits during these break times may be available by appointment only.

Health Center Staff

Supervising Physician:	T.K. Raman, MD
Director of Health Services:	Kathleen Hogan-Soltys, ANP-C
Assistant Director:	Kellyann O'Brien, PA-C
Providers:	Jennifer Mattingly, PA-C Michelle McGrath, ANP-C Ellen Stanaway, FNP-C
Registered Dietitian:	Stacy Garvey, RD
Registered Nurse:	Debbie Low, RN
Medical Assistants:	Cynthia English, CMA Christine Whitehead, CNA
Administrative Assistant:	Sue Kenny

Overview of Services

Patient visits are scheduled by appointment. Please call (413) 748-3175 to schedule an appointment. Walk-in visits are available from 3-4 p.m. for **urgent** issues.

- Sick visits: Care of common illnesses including colds, sore throats, vomiting/diarrhea, and urinary tract infections.
- The nutrition clinic is scheduled weekly.
- **Physical therapy:** Live Every Day at Springfield College is located on campus (call (413) 727-7188). A listing of other local providers is available in the Health Center.
- Allergy shots: Scheduled and administered when appropriate staff members are on-site.
- Medications: Prescriptions can be written at the Health Center and filled at a local pharmacy for delivery to the Health Center.
- **Contraception:** The Emergency Contraceptive Pill (ECP) is available on-site for a nominal charge. Condoms are available at no charge. Other contraceptives including the oral birth control pill are available by prescription.
- Sexually transmitted infection: Testing and treatment is available.
- Laboratory services: A limited number of lab tests, including urine dipsticks, urine pregnancy tests, blood glucose, and rapid strep testing can be performed on-site. Certain other laboratory tests can be collected at the Health Center and sent to Baystate Reference Laboratory for analysis.
- Phlebotomy services: Certain blood specimens can be drawn at the Health Center by prescription and sent to Baystate Reference Laboratory for analysis.
- Electrocardiograph (ECG): Automated 12-lead diagnostic ECG is available on-site.
- Intravenous (IV) therapy: Outpatient IV hydration is available on-site.

Absence Due to Illness

No written medical excuses or notes will be issued by the Health Center staff for missed classes. It is the responsibility of each individual student to inform professors and class instructors of absences due to health reasons. If a student is seen at the Health Center, a contact card may be issued to the student which states the student's name, provider's name, and date and time the student was seen at the Health Center, as well as the date and time the student was discharged from the Health Center.

Health Insurance

State law requires health insurance coverage for all students enrolled in nine or more credit hours at colleges and universities in Massachusetts. Students may elect to carry private health insurance or the Springfield College health insurance plan. It is not necessary to purchase the school insurance in order to receive services at the Health Center. However, if coverage is through an out-of-state health maintenance organization (HMO), prior approval is usually required for non-emergency medical and surgical services. An alternative for students with HMO coverage would be to purchase the school insurance as a supplemental plan to minimize problems that might arise when an HMO does not approve various services. Please note: Health insurance is handled through the Business Office, not the Health Center. Prior to each academic year, required students must either accept or decline the Springfield College health insurance via the Business Office webpage by the due date, otherwise, students will automatically be billed for the school's health insurance, which may not mean automatic enrollment in or coverage by the insurance.

Confidentiality

All medical information and medical records are considered confidential and will not be released to anyone without the patient's consent. Please note: For students 18 years of age and older, medical information will not be released to parents without prior student consent. For students younger than 18, confidentiality is maintained as protected by law, specifically regarding reproductive health issues.