

CURRICULUM VITA
ELIZABETH B. CONANT
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EDUCATIONAL DEGREES

Regis College, Weston, MA

Degree: Ed. D.

Major: Education, concentration in Higher Education Leadership

Dissertation title: *Independent School Athletic Directors: An Exploration of Role Conflict Management Strategies*

The University of Texas at Austin, Austin, TX

Degree: M. Ed.

Major: Kinesiology, concentration in Sport Management

Springfield College, Springfield, MA

Degree: M. Ed.

Major: Physical Education, concentration in Athletic Administration

Wheaton College, Norton, MA

Degree: B. A.

Major: Philosophy; Minor: Religion

EMPLOYMENT

Springfield College, Springfield, MA

Masters of Athletic Leadership (2026- present)

- Program Director
- Assistant Professor, Athletic Leadership

Boston College, Chestnut Hill, MA

Masters of Science in Sport Administration (2023-2026) Adjunct Faculty

- Along with BC MSSA Department Chair, co-taught ADSA 7501, Survey of Sport Administration, a required course for all majors, a course with 60+ students.
- Using BC Canvas LMS, complete student assessment, grading and feedback of work.

Faculty Lead- Sport Administration and Sport Analytics Programs (2025-2026)

- Assisted with admissions screening and graduate information sessions.

- Provided career advising support to students regarding internships and careers.
- Special projects as assigned.

Sport Management Institute Summer Faculty (2023-2026)

- Led the Sport Management Institute program at the Boston College Experience.
- Using Canvas LMS, designed Sport Management curriculum and assignments, planned interactive and engaging content and schedule, organized facility tours and guest speakers, and led in-person classes daily.

Dean College, Franklin, MA

Sport Management Adjunct Faculty (2025- present)

- Taught in-person, two undergraduate Sport Marketing courses which are required for Dean College Sport Management majors.
- Using Canvas LMS, developed course content, assignments and schedule. Provided timely assessment and grading of student work.

Johnson & Wales University, Providence, RI (2025- present)

Sport Entertainment and Event Management Adjunct Faculty (2025- present)

- Taught online, asynchronous undergraduate courses which are required for Sport Entertainment and Event Management majors. SEE3065 Fundamentals of Fundraising and Philanthropy and The Business of Sports.
- Using Blackboard LMS, worked with course designers on assignments and updating course schedules. Provided timely assessment and grading of student work.

Nashoba Brooks School, Concord, MA

Director of Athletics (2022-2025)

- Over a three year period, provided leadership for the Nashoba Brooks athletic program for students in grades 5-8. Team participation numbers increased 25% during my tenure.
- Recruited more qualified on-campus and external coaches for NBS teams.
- Promoted NBS Athletics using instagram account, increased IG followers by over 600%.
- Created end-of-season (fall, winter, spring) athletic assembly to honor athletes and celebrate the team accomplishments.
- Collaborated with Fenn School to launch the Junior Day School Soccer Tournament.

Director of Summer Leadership (2022-2024)

- Designed new curriculum for NBS Summer Leadership program for girls in grades 4-7. Using the STEAM acronym, the program was designed to focus on Science, Technology, Engineering, Arts and Math over the course of the week.

Regis College, Weston, MA

Regis College Program Director of Undergraduate Sport Management (2018- 2022)

- **Accreditation:** COSMA candidacy status; developed self-study document for site visit and review. Completed annual COSMA program reports.
- **Assessment:** Measured student learning outcomes according to program learning objectives. Completed “Program Annual Review.”
- **Marketing:** Attended admission open houses; met with prospective sport management students; emailed prospective students. Created and updated sport management webpage.
- **Academic Advising:** Academic advisor to all sport management majors and minors. Created 8-semester plan, managed student program of studies.
- **Internship Placement:** Cultivated relationships with internship sites and supervisors. As the program director, I ensured that all students had appropriate placements for their required 120-hour internship.

Regis College Assistant Professor of Undergraduate Sport Management (2010- 2022)

- **Teaching:** Over my 12 years as a faculty member at Regis College, I taught 14 different courses (see chart below).
- **Sport Management Course Design:** Designed and taught required courses within the major, including: Sport Event Management & Promotions, Sport Marketing & Technology, Facilities Management, Athletic Administration & Governance.
- **Sport Management Course Re-design:** Re-designed and taught Introduction to Sport Management, Sport in Society, Coaching Youth Sport, and Introduction to Health & Fitness Studies.

DOMAINS OF SCHOLARSHIP

Scholarship of Teaching

University	Dates	Level, Department	Rank
Boston College	2023- present	Graduate, Sport Administration	Adjunct
Dean College	2025- present	Undergraduate, Sport Management	Adjunct
Johnson & Wales University	2025- present	Undergraduate, Sport Entertainment and Event Management	Adjunct (Online)
Regis College	2010-2022	Undergraduate, Sport Management	Assistant Professor, Program Director
Regis College	2018-2022	Graduate, Sport Communications	Adjunct (Online,

			Hybrid)
University of Texas, Austin	2007-2009	Undergraduate, Sport Management	Teaching Assistant

University-Level Teaching, Courses Taught:

University	Course Number/Name	Graduate/ Undergraduate	Department/Program
Boston College	ADSA 7501 Survey of Sport Administration	Graduate	Sport Administration
Dean College	SMGT 407 Sport Marketing	Undergraduate	Sport Management
Johnson & Wales University	SEE3065 Fundamentals of Fundraising & Philanthropy	Undergraduate, Online	Sport Entertainment and Event Management
Regis College	ATH 215 Coaching Youth Sport	Undergraduate	Health & Fitness Studies/Athletic Coaching
Regis College	CO 634 *** Sport Marketing and Advertising	Graduate	Communications/ Strategic Communication
Regis College	HFS 150 Introduction to Health and Fitness Studies	Undergraduate	Health and Fitness Studies
Regis College	HFS 350 Health and Human Sexuality	Undergraduate	Health and Fitness Studies
Regis College	HFS 412 Internship Seminar 1	Undergraduate	Health and Fitness Studies
Regis College	ID 230 The Interdependence of Healthcare Professions	Undergraduate	Interdepartmental
Regis College	PE 101B ***Team Sports: Soccer	Undergraduate	Health and Fitness Studies/ Physical Education
Regis College	RC 101 First Year Seminar	Undergraduate	Interdepartmental
Regis College	SMT 213 Sport in Society	Undergraduate	Sport Management

Regis College	SMT 216 Introduction to Sport Management	Undergraduate	Sport Management
Regis College	SMT 340 *** Event Management and Promotions	Undergraduate	Sport Management
Regis College	SMT 342 *** Sport Marketing and Technology	Undergraduate	Sport Management
Regis College	SMT 355 *** Facility Design, Operations and Management	Undergraduate	Sport Management
Regis College	SMT 356*** Athletic Administration and Governance	Undergraduate	Sport Management
	*** <i>Developed course</i>		

Scholarship of Discovery

Publications:

- Loy-Ashe, T. & Conant, E.B. (2023) Use of Adaptive Sport to Impact Student Attitudes Towards Disability. *Education*, 144(1), 13-19.
- Conant, E. B. (2018). *Independent School Athletic Directors: An Exploration of Role Conflict Management Strategies*. Published dissertation available from ProQuest Dissertations and Theses database.
- Conant, E. B. (2017). In their words. *Athletic Management*, 29(5), 18-19.
- Conant, E. B. (2017). The impact of role conflict on job satisfaction of independent school athletic directors. *Journal of Amateur Sport*, 3(1), 1-26.
- Conant, E. B. (2011). Implementing a zone defense to play at your own pace. *Coach & Athletic Director*, 80(9), 60-61.
- Conant, E.B. (2000). A qualitative analysis of responses of undergraduate Springfield College students concerning the Humanics in Action Day. *Humanics in the Year 2000: A Research Perspective*. In B. Jensen & E. Evans, Eds. Springfield, MA.

Presentations:

- Conant, E.B. (2022). *Faculty Mentoring Program*. Old Dominion Athletic Conference FAR Workshop, Forest, VA. (presentation via Zoom).
- Conant, E.B. (2022). *Revitalizing a team mentoring program*. NCAA 2022 Division III New FAR Orientation program, Indianapolis, IN. (presentation via Zoom).
- Bent, L. & Conant, E.B. (2019). *She persisted. An exploration of strategies employed by working mothers in Ed.D. programs*. Regis College Fall 2019 Faculty Forum, Weston, MA.

- Bent, L. & Conant, E.B. (2019). *She persisted. An exploration of strategies employed by working mothers in Ed.D. programs*. CPED Convening 2019, Learning and Innovation Panel Presentation, Online/Lincoln, NE.
- Conant, E. B. (2018). *Role conflict management strategies: The seven common themes among experienced NEPSAC Athletic Directors*. Keynote lecture presented at the NEPSAC 2018 annual meeting, Worcester, MA.
- Conant, E. B. (2017). *Surviving the first few years as an athletic director, and thriving even longer: Interviews with experienced NEPSAC athletic directors*. Lecture presented at the NEPSAC 2017 annual meeting, Worcester, MA.
- Conant, E. B. (2017). *In their own words: The Regis College scholar-athlete experience*. Keynote lecture presented at the Regis College Scholar-Athlete Excellence Luncheon, Weston, MA.
- Conant, E.B. & Dayton, J. (2006). *The athletics compass: Direction and values*. Lecture at the National Coalition of Girls' Schools Annual Conference 2006, Boston, MA.
- Conant, E.B. (2005). *Does Venus have biceps? Sports for life*. Lecture presented at the Commission on Women in Independent Schools, Hamden, CT.

PREVIOUS EMPLOYMENT EXPERIENCE

Regis College, Weston, MA (2010-2015)

Regis College Head Women's Soccer Coach, Department of Athletics:

- Led NCAA Division III Women's Soccer program for five seasons.
- Only one of two Regis Women's Soccer coaches with an overall winning record in the 40-plus year history of the program (W/L/T: 43-40-8; winning percentage 0.51).
- Voted 2012 New England Collegiate Conference (NECC) Coach of the Year by conference coaching peers.
- Team appeared in 4 straight NECC tournaments.
- Received the NSCAA "Team Academic Award" for having a cumulative team GPA of over 3.0 for five straight years from 2010-2014.

Regis College Head Women's Lacrosse Coach, Department of Athletics:

- Led NCAA Division III Women's Lacrosse program for three seasons. Coached team to first-ever conference championship (2013 NECC Champions).
- Only one of two Regis Women's Lacrosse coaches with an overall winning record in the 15-plus year history of the program (W/L: 26-20; winning percentage 0.54).
- Voted 2013 NECC Coach of the Year by conference coaching peers.

The University of Texas at Austin, Austin, TX (2007-2009)

Teaching Assistant, Department of Kinesiology and Health Education:

- Primary reader and grader for “Philosophy of Sport and Physical Activity” course with over 30 students.
- Core Sport Management course which satisfied the undergraduate writing component requirement at UT.

Kinesiology and Health Education Career Services, Graduate Advisor:

- Worked as the single career services advisor for the undergraduate Kinesiology majors at the University of Texas, worked with five majors within the department.
- Advised students on resumes, cover letters, internships and job searches. Wrote, edited and organized all aspects of monthly career services publication “Career Courier.”
- Maintained, updated, and improved the information on Kinesiology and Health Career Services website.
- Organized and facilitated Fall 2007 Career Services panel and Spring 2008 Career Services job fair.

University of Texas Intercollegiate Athletics for Women, Events Department Staff:

- Worked NCAA Division I Women’s Soccer and Volleyball games, roles included front gate ticket and bag check, seat usher, facility security, and NCAA player pass operations.

St. Andrew’s Episcopal School, Austin, TX (2007-2009)

Assistant Varsity Girls’ Soccer and Lacrosse Coach:

- Assisted in daily practices, game preparation and coaching, conditioning and other aspects of team management.
- Served as primary goalkeeper coach for both soccer and lacrosse programs.

Miss Porter’s School, Farmington, CT (2000-2007)

Director of Athletics; Head Varsity Lacrosse Coach; Head Junior Varsity Girls’ Soccer Coach (2004-2007):

- **Leadership:** Provided direction, leadership and vision for athletic department. Guided athletic program through major programmatic, facility and curricular developments.
- **Management:** Day-to-day department operations for all athletes, coaches, staff, interscholastic teams and sport classes.
- **Supervision:** Staff included assistant athletic director, athletic trainer, assistant athletic trainer, and athletic department intern, coaches (varsity, junior varsity and thirds levels), and sport class instructors.

Accomplishments:

- **Facility improvements:** School built new 27,000 sq ft. squash and swimming facility, renovated softball complex, collaborated with Public High School to build Boathouse for Crew Program, converted storage space into Erg Room for Crew Program, expanded fitness center, built climbing wall.
- **Fundraising:** Cultivated athletic department support and donations, including \$25,000 gift (made in my honor) from 2008 parent to general athletic program, \$10,000 from 2005 senior class for purchase of exercise equipment, another \$10,000 from senior class of 2005 for wireless scoreboards; and \$5000 parent gift for ski team racing equipment and tuning supplies.
- **Curriculum:** In conjunction with evolving school needs and facility development, spearheaded major programmatic changes within athletic curriculum (Pilates classes, swimming classes, climbing wall training, “thirds” level basketball and squash teams).

Miss Porter’s School Summer Programs

- **Director: Athletic Experience Summer Camp.** Created, planned and launched Athletic Experience at Miss Porter’s School, a weeklong boarding and day multi-sport summer camp for middle school aged girls.
- **Faculty: Sarah Porter Leadership Institute.** Weeklong boarding and day summer camp for middle school girls. Comprehensive experience addressing all areas of leadership, including compassion, courage, confidence and maturity.
- **Director of Activities: Summer Challenge.** Month-long boarding and day summer enrichment camp for middle school girls. Planned, organized and facilitated afternoon athletic programming and weekend field trips.

Mooreland Hill School, Kensington, CT (2003-2004)

Director of Athletics; Head 8th & 9th Grade Boys’ Soccer Coach; Head 8th & 9th Girls’ Basketball Coach:

- **Director of Athletic Program:** Managed and led all aspects of the athletic program. Assessed the coaching needs of each athletic team and supervised all coaches. Coordinated all athletic facility and equipment usage. Maintained inventory and budget of all athletic department purchases.
- **Accreditation:** Coordinated the athletic department’s school re-accreditation process and wrote the athletic department philosophy and course of study description for the self-study document and the school curriculum guide.
- **Head Coach:** Varsity Boys’ Soccer and Varsity Girls’ Basketball.

Miss Porter’s School, Farmington, CT (2000-2003)

Assistant Director of Athletics; Assistant Varsity Soccer Coach; Head Junior Varsity Squash Coach; Head Varsity Lacrosse Coach:

- **Scheduling Coordinator:** Communicated and confirmed with other schools for all varsity, JV, and thirds contests.
- **Game Management:** Home and away game management including transportation, meal money, and referees.
- **Sport Information Director:** Created, uploaded and maintained all scores, team content, and departmental information on athletic portion of school website.
- **Admissions Liaison:** Communicated with department of Admissions, coordinated prospective students' meetings with coaches, reviewed athletic scholarship applications.
- **Coaching:** Assistant varsity soccer, head JV squash and head varsity lacrosse.

Miss Porter's School Faculty member

- New Student Leadership Seminar for incoming new girls.
- Health and Wellness for 9th grade students.

Springfield College, Springfield, MA (1998-2000)

Athletic Department Graduate Associate

- **Served as Club Sport Advisor:** In charge of four men's club teams (Crew, Ice Hockey, Rugby and Skiing) and three women's club teams (Crew, Rugby and Skiing).
- **Hiring and supervision:** Club coaches and advised club officers. Supervised and controlled club budgets and spending and monitored eligibility of club athletes.
- **Intercollegiate Athletics Contest Management Supervisor:** Hired, trained, and supervised graduate assistants (10 total) and student contest management workers (60 total) at home athletic events.
- **NCAA DIII Championships:** Coordinated contest management coverage for post-season events, which included Football, Field Hockey, Lacrosse and NCAA Division III Men's Track & Field Championship.
- **Game operations:** Annual Naismith Memorial Hoophall Classic in Springfield, MA that featured elite NCAA DI men's basketball programs Indiana vs. Temple.
- **National Girls and Women in Sport Week:** Included film screening of *A Hero for Daisy* with filmmaker Mary Mazzio; and women's basketball "Take a Girl to a Game" night.

SPORT MANAGEMENT Certifications & Professional Development

License/Certifications	Organization	Date
Athlete Marketing Essentials	Front Office Sports Learning	May 2025
Modern Ticketing Essentials: Beyond the Ticket	Front Office Sports Learning	May 2025

Data Science of Sport Management	LinkedIn Learning	April 2025
Sports Marketing Essentials	Front Office Sports Learning	November 2023

COACHING Certifications and Professional Development

License/Certifications	Organization	Date
Heads Up Concussion Training	Centers for Disease Control & Prevention (CDC)	2025
Minor Athlete Abuse Prevention Policies Training	U.S. Center for Safe Sport	2025
Adult & Pediatric First Aid/CPR/AED	American Red Cross	2024-2026
Positive Sport Parenting: Developing Winners in Life Through Sports	Positive Coaching Alliance	July 2025
Developing the Triple-Impact Competitor	Positive Coaching Alliance	July 2024
Grassroots 7 v 7 Coaching Diploma	United Soccer Coaches	2024
Special Topics: World Cup Series	National Soccer Coaches Association of America	2014
Special Topics: European Champions League	National Soccer Coaches Association of America	2014
Special Topics: Reading the Game	National Soccer Coaches Association of America	2011
National Coaching Diploma Residential Course	National Soccer Coaches Association of America	2010