



Springfield College Sequencing Guide Psychology Major (PSYC) ▼ 2020-2021

If you entered Springfield College in 2020-2021, use this guide for sequencing your courses. Requirements are subject to change and may not be offered when listed. Use your online degree audit to verify your progress, and always confirm your plans with your advisor.

GenEd Requirements, Electives, and College Requirements

In addition to the major requirements listed below, you will need to fill the following General Education (GenEd) categories:

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| <ul style="list-style-type: none"> • WLPL 100, Exploring Movement & Wellness (1 cr) • 200-level Wellness & Physical (1 cr) • 300-level Wellness & Physical (1 cr) | <ul style="list-style-type: none"> • Literary Studies (3 cr) • Quantitative Reasoning (3 cr) • Scientific Reasoning (4 cr) | <ul style="list-style-type: none"> • Spiritual and Ethical (3 cr) • Aesthetic Expression (3 cr) • Historical and Social (3 cr) | <ul style="list-style-type: none"> • Themed Explorations (9 cr) |
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This major typically requires 33 credits to complete. In addition to the GenEd and major requirements listed, you must complete:

- **47 elective credits or more** (depending on GenEds selected) to total at least 120 credits
- A **minimum cumulative GPA** of 2.000 or higher
- The **residency requirement**—45 credits taken at Springfield College (including 15 of your last 30)

PSYC Major Requirements – Typical First-Year Schedule

Fall:

SCSM 101, Springfield College Seminar (GenEd requirement – 3 cr)
 ENGL 113, College Writing I (GenEd requirement – 3 cr)
 PSYC 101, Introduction to Psychology (3 cr – also fills Behavioral/Social Sciences GenEd)
 Plus other GenEds, major requirements with flexible timing, or electives (as applicable) to total approximately 15 credits

Spring:

ENGL 114, College Writing II (GenEd requirement – 3 cr)
 A 100- or 200-level PSYC selective
 Plus other GenEds, major requirements with flexible timing, or electives (as applicable) to total 30 credits for the year

Fall or Spring:

Quantitative Reasoning GenEd course (3 cr, prerequisite for PSYC 211)

PSYC Major Requirements – Typical Second-Year Schedule

Fall or Spring:

PSYC 211, Introduction to Statistics (3 cr)
 Plus GenEds, major requirements with flexible timing, or electives (as applicable) to total 30 credits for the year

PSYC Major Requirements – Typical Third-Year Schedule

Fall or Spring:

PSYC 301, Research Methods (3 cr – also fills one WAC requirement)
 Plus GenEds, major requirements with flexible timing, or electives (as applicable) to total 30 credits for the year

PSYC Major Requirements – Typical Fourth-Year Schedule

Fall or Spring:

PSYC 482, Senior Capstone Seminar (3 cr)
 Plus any outstanding major requirements, GenEds, or electives to total a minimum of 120 credits for your career

Requirements continued on next page

Additional PSYC Major Requirements – Flexible Timing

In general, 100-level courses should be taken first or second year; 200-level courses should be taken second year or later; 300- and 400-level should be taken third year or later.

Select **one** of the following **scientific basis of behavior** courses:

PSYC 401, Motivation and Learning (3 cr)

PSYC 405, Physiological Psychology (3 cr)

PSYC 408, Cognitive Psychology (3 cr)

Select **one** of the following **developmental processes** courses:

PSYC 109, Human Development (3 cr)

PSYC 340, Child Development (3 cr)

PSYC 345, Adolescent and Young Adult Development (3 cr)

Select **one** of the following **individual differences** courses:

PSYC 135, Personality and Personal Adjustment (3 cr)

PSYC 221, Abnormal Psychology (3 cr)

Select **one** of the following **social and cultural contexts** courses:

PSYC 209, Social Psychology (3 cr)

PSYC 406, Psychology of Diversity (3 cr)

PSYC 440, Psychology of Sexual Behavior (3 cr)

Select **one** of the following **applied psychology** courses:

PSYC 320, Health Psychology (3 cr)

PSYC 330, Human Relations in Organizations (3 cr)

PSYC 368, Forensic Psychology (3 cr)

PSYC 413, Psychological Testing (3 cr – also fills one WAC requirement)

PSYC 422, Interviewing and Counseling (3 cr)

Select **6 credits** of the following **psychology in the larger world** courses:

PSYC 220, Current Issues in Psychology (1 cr, may be repeated under different topics for a total of 3 credits)

PSYC 386, Internship and Seminar (2-6 cr may count toward major)

PSYC 480, Directed Research in Psychology (with permission of the instructor, 2-6 cr may count toward major)

PSYC Major – Recommended Psychology Electives

PSYC 190, Community Service Experience (1-2 cr)

PSYC 415, Child Therapy (3 cr)

PSYC 418, Behavior Modification (3 cr)

PSYC Major – Program Standards

Program standards for the PSYC major include, but are not limited to:

- A grade of C- or above in all courses required for the PSYC major (including selectives)

For more information about these and other program standards, contact your advisor or the PSYC program coordinator.