

Art Therapy/Counseling Program
MEd Sample Program Track
Revised Spring 2025

Fall Semester	Course Title	Semester Hours
ATPY 610	Ethical Issues in Art Therapy/Counseling	3
ATPY 626	Introduction to Art Therapy Research	3
ATPY 640	Counseling Theory and Practice of Art Therapy	3
COUN 622 or COUN 617	Counseling Theories or Psychopathology: Diagnosis and Treatment Plan <i>(both classes are required, students can choose spring or fall)</i>	3
*ATPY	Elective (Choices listed below)	2-3
	Total	14-15

Spring Semester	Course Title	Semester Hours
ATPY 600	Art Therapy/Counseling with Children and Adolescents	3
ATPY 601	Art Therapy and Psychological Assessment Techniques	2
ATPY 608	Arts-Based Assessment Lab	1
ATPY 625	Practicum in Art Therapy/Counseling (100 hrs)	3
COUN 617 or COUN 622	Psychopathology: Diagnosis and Treatment Plan or Counseling Theories <i>(both classes are required, students can choose spring or fall)</i>	3
	Total	12

Summer Semester	Course Title	Semester Hours
ATPY 630	Multicultural Issues in Art Therapy/Counseling	3
*ATPY	Elective (choices listed below)	3
COUN603	Assessment, Appraisal & Testing in Counseling	3
	Total	9

Fall Semester	Course Title	Semester Hours
ATPY 612 or ATPY 646	Family Art Therapy/Counseling or Art Therapy/Counseling and Substance Use Disorders	3
ATPY 684	Art Therapy/Counseling Internship	3
*ATPY	Elective (Choices listed below)	2-3
COUN 634	Human Development Across the Lifespan	3
	Total	11-12

Spring Semester	Course Title	Semester Hours
ATPY 682	Advanced Seminar in Professional Identity, Clinical Skills and Applications in Art Therapy/Counseling	3
ATPY 685	Art Therapy/Counseling Internship 2	3
ATPY 622	Applications of Arts-Based Research Methods in Art Therapy	3
ATPY 620	Group Counseling Techniques and Group Art Therapy	3
ATPY	Elective (Choices listed below)	2-3
	Total	14-15

Total Program Hours 60-64 hrs.

Art Studio Elective Courses (must take at least 2/minimum of 4 SHs)

	Course Title	Semester Hours
ATPY 510	The Therapeutic Aspects of Clay	3
ATPY 602	Painting for the Art Therapist	2
ATPY 603	Sculpture for the Art Therapist	2
ATPY 504	Printmaking for the Art Therapist	3
ATPY 505	Application of Crafts & Mixed Media in Art Therapy/Counseling	3
ATPY 617	Art Therapy and Counseling in our Digital World	3
ATPY 623	Fiber for the Art Therapist	3

Art Therapy Elective Courses (must take at least 3/minimum of 4 SHs)

	Course Title	Semester Hours
ATPY 507	Psychology of Art and the Artists	3
ATPY 508	Art Therapy for Older Adults	3
*ATPY 607	Art Therapy and Trauma-Informed Care	3
ATPY 619	Art Therapy for Persons with Disabilities	3
ATPY 621	Sand Tray & Sensorimotor Approaches for Art Therapy	2
ATPY 646	Art Therapy/Counseling and Substance Use Disorders	3
*COUN 643	Career Counseling and Development	3
ATPY 688	Special Topics in Art Therapy (i.e. Medical ATPY)	1-3

* Career Counseling and Development is for anyone looking for licensure in Vermont, New Hampshire, Connecticut, Florida, etc. (check for other state licensure as well, this program track covers Massachusetts licensure).

*Trauma-Informed Care is for anyone looking for licensure in Connecticut, Florida, etc. (check for other state licensure as well, this program track covers Massachusetts licensure).

* Please note this is a *Sample* program. Students must meet with their advisor to discuss the sequencing of their courses.