



Springfield College Sequencing Guide

Dance/Health Science – Pre-Physical Therapy (DAPT) ▼ 2026-2027

Requirements are subject to change and may not be offered when listed. Use your online degree audit to verify your progress with your advisor.

Core Curriculum Requirements, Electives, and College Requirements

In addition to the major requirements listed below, you will need to fill the following Core Curriculum categories:

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| • 200-level Wellness & Physical (1 cr) | • Literature (3 cr) | • Historical and Social (3 cr) | • Themed Explorations (9 cr) |
| • 300-level Wellness & Physical (1 cr) | • Spiritual and Ethical (3 cr) | | ➤ 3 different prefixes |
| | | | ➤ 1 Global course |

This major typically requires 85 credits to complete. In addition to the Core Curriculum and major requirements listed, you must complete:

- **6 elective credits or more** to total at least 120 credits
- The **residency requirement**—45 credits taken at Springfield College (including 15 of your last 30)

DAPT Major Requirements – Typical First-Year Schedule

Fall:

SCSM 101, Springfield College Seminar (Core requirement – 3 cr)
 ENGL 113, College Writing I (Core requirement – 3 cr)
 BIOL 121, Introductory Molecular and Cellular Biology (3 cr – also fulfills Scientific Reasoning Core)
 BIOL 123, Introduction to Bench Research (1 cr – also fulfills Scientific Reasoning Core)
 CHEM 121, General Chemistry I (3 cr)
 CHEM 123, General Chemistry I Laboratory (1 cr)
 DANC 130, Ballet Theory and Technique I (3 cr)
 or DANC 150, Jazz Dance Theory and Technique (3 cr)
 DANC 159, Movement Fundamentals and Body Practice (1 cr – fulfills 100-level Wellness and Physical Core)

Spring:

ENGL 114, College Writing II (Core requirement – 3 cr)
 BIOL 122, Introductory Evolutionary, Organismal, and Ecological Biology (3 cr)
 BIOL 124, Introduction to Field Research (1 cr)
 CHEM 122, General Chemistry II (3 cr)
 CHEM 124, General Chemistry II Laboratory (1 cr)
 DANC 135, Modern and Post-Modern Dance Theory and Technique I (3 cr)
 or DANC 180, African Dance Theory and Technique (3 cr)
 WLPL 200-level (1 cr – Choose from DANC 212, 220, 221)
 Plus other Core or major requirements to total 30-36 credits for the year

DAPT Major Requirements – Typical Second-Year Schedule

Fall:

BIOL 250, Human Anatomy and Physiology I (3 cr)
 BIOL 252, Human Anatomy and Physiology I Laboratory (1 cr)
 DANC 110, Laban Movement Analysis (3 cr)
If not previously taken,
 DANC 130, Ballet Theory and Technique I (3 cr)
 or DANC 150, Jazz Dance Theory and Technique (3 cr)

Plus other Core or major requirements to total approximately 15 credits

Spring:

BIOL 251, Human Anatomy and Physiology II (3 cr)
 BIOL 253, Human Anatomy and Physiology II Laboratory (1 cr)
If not previously taken,
 DANC 135, Modern and Post-Modern Dance Theory and Technique I (3 cr)
 or DANC 180, African Dance Theory and Technique (3 cr)

Plus other Core or major requirements to total a minimum of 30 credits for the year

Fall or Spring:

Choose from MATH 125 or 140 (3 cr - also fulfills Quantitative Reasoning Core)

DAPT Major Requirements – Typical Third-Year Schedule

Fall: PHYS 210, General Physics I (4 cr) or PHYS 310, Physics I with Calculus (4 cr) Plus other Core or major requirements to total approximately 15 credits	Spring: PHYS 211, General Physics II (4 cr) or PHYS 311, Physics II with Calculus (4 cr) Plus other Core or major requirements to total a minimum of 30 credits for the year
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DAPT Major Requirements – Typical Four-Year Schedule

Fall: AEXS 313, Physiology of Exercise (3 cr) AEXS 315, Physiology of Exercise Lab (0 cr) Plus other Core or major requirements to total approximately 15 credits	Spring: PHTH 310, Healthcare Language: Systems, Specialties, Pathologies and Culture (3 cr) Plus other Core or major requirements to total a minimum of 30 credits for the year
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Additional DAPT Major Requirements – Flexible Timing

DANC 101, Dance Appreciation (3 cr – offered spring of even years) DANC 201, Teaching Dance (3 cr) DANC 215, Choreography I (3 cr) DANC 301, Advanced Dance Seminar (3 cr) MUSC 101, Basic Musicianship or MUSC 108, Music Appreciation (3 cr)		
Select one course (3 credits) from the following: PSYC 101, Intro to Psychology (3 cr) PSYC 109, Human Development (3 cr) PSYC 135, Personality and Personal Adjustment (3 cr)	Select one course (3 credits) from the following: HSCI 225, Biostatistics (3 cr) MATH 215, Probability and Statistics (3 cr) PSYC 211, Intro to Statistics (3 cr)	Select one course (3 credits) from the following: ARTS 248, Interarts Workshop (3 cr) DRAM 101, Intro to Theater (3 cr) DRAM 110, Intro to Acting (3 cr) DRAM 150, Making Theater in Communities (3 cr)
Select (6 credits) from the following: DANC 151, Jazz Dance Theory and Technique II (1 cr – fall only) DANC 161, Modern and Post Modern Dance Theory and Technique II (1 cr – spring only) DANC 181, Ballet Theory and Technique II (1 cr – fall only) DANC 210, Short Term Study Abroad in Italy (3 cr) DANC 212, Exploring Wellness through Contact Improvisation (1 cr – fulfills 200-level Wellness and Physical Core) DANC 216, Choreography II (1 cr) DANC 220, Exploring Wellness through Hip-hop (1 cr – fulfills 200-level Wellness and Physical Core) DANC 221, Exploring Wellness through Latinx Dance Forms (1 cr – fulfills 200-level Wellness and Physical Core) DANC 280, African Dance Technique and Theory II (1 cr – spring only) DANC 284, Dance Repertory Company (1 cr - repeatable) DANC 300, Ballet Theory and Technique III (1 cr – fall only) DANC 335, Modern Dance Technique and Theory III (1 cr – spring only) DANC 350, Jazz Technique and Theory III (1 cr – fall only) DANC 380, African Dance Technique and Theory III (1 cr – spring only) DANC 386, Field Experience – Dance (1-3 cr)		

DAPT Major – Program Standards

Program standards for the DAPT major, include, but are not limited to: <ul style="list-style-type: none"> • Achieving a minimum 3.000 cumulative GPA by May of the fourth year in order to advance into the DPT • Achieving a minimum 3.300 GPA in the pre-PT math/science major requirements by May of your fourth year in order to advance into the DPT • Earning a C or better in all undergraduate courses required for the program (400-level and below) • Complying with all departmental standards for professional conduct and academic performance as specified in the <i>Undergraduate Pre-Physical Therapy Student Handbook</i> Meeting additional standards is required to guarantee continuation into the DPT program. For more information about those standards, see the <i>Undergraduate Pre-Physical Therapy Student Handbook</i> or contact your advisor.
