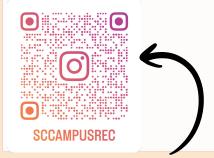
## Fall Group Exercise Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Yoga</b> 12-12:45pm				
<b>Spin</b> 5-5:45pm	<b>Yoga</b> 4-4:45pm	<b>Yoga</b> 5-5:45pm	<b>Spin</b> 5-5:45pm	
	<b>Zumba</b> 6:30-7:15pm		<b>Yoga</b> 7-7:45pm	

Spin classes will be held in Wellness Center, room 202. All other classes will be held in room 214. All are welcome!

Classes begin Tuesday 9/2 No classes 10/13, 11/25-28



Learn more about group exercise class offerings and Campus Rec programs



Follow @sccampusrec to stay up to date, learn about special classes, playlists, and more!

