



# Springfield College Sequencing Guide Health Science Major (HSCI) ▼ 2026-2027

Requirements are subject to change and may not be offered when listed. Use your online degree audit to verify your progress with your advisor.

## Core Curriculum Requirements, Electives, and College Requirements

In addition to the major requirements listed below, you will need to fill the following Core Curriculum categories:

- |  |                                |                              |
|--|--------------------------------|------------------------------|
| • 100-level Wellness & Physical (1 cr) | • Literature (3 cr)            | • Themed Explorations (9 cr) |
| • 200-level Wellness & Physical (1 cr) | • Aesthetic Expression (3 cr)  | > 3 different prefixes       |
| • 300-level Wellness & Physical (1 cr) | • Historical and Social (3 cr) | > 1 Global course            |

This major typically requires 56 to 58 credits to complete. In addition to the Core Curriculum and major requirements listed, you must complete:

- **32-34 elective credits or more** to total at least 120 credits.
- A **minimum cumulative GPA** of 2.000 or higher
- The **residency requirement**—45 credits taken at Springfield College (including 15 of your last 30)

## HSCI Major Requirements – Typical First-Year Schedule

**Fall:**

SCSM 101, Springfield College Seminar (Core requirement – 3 cr)  
 ENGL 113, College Writing I (Core requirement – 3 cr)  
 BIOL 130, Anatomy and Physiology Concepts I (3 cr – also fills Scientific Reasoning Core)  
 BIOL 132, Anatomy and Physiology Concepts I Lab (1 cr – also fills Scientific Reasoning Core)  
*BIOL 121, Introductory Molecular and Cellular Biology and BIOL 123, Introduction to Bench Research, can fill the same requirement as BIOL 130/132, but should only be taken after consultation with your academic advisor.*

Plus other Core and major requirements, or electives to total approximately 15 credits

**Spring:**

ENGL 114, College Writing II (Core requirement – 3 cr)  
 BIOL 131, Anatomy and Physiology Concepts II (3 cr)  
 BIOL 133, Anatomy and Physiology Concepts II Lab (1 cr)  
*BIOL 122, Introductory Evolutionary, Organismal, and Ecological Biology and BIOL 124, Introduction to Field Research, can fill the same requirement as BIOL 131/133, but should only be taken after consultation with your academic advisor.*

Plus other Core and major requirements, or electives to total 30 credits for the year

**Fall or Spring:**

HSCI 101, Introduction to Health Care (3 cr)  
 PUBH 130, Introduction to Public Health (3 cr)  
 MATH 115, College Algebra (3 cr – also fills Quantitative Reasoning Core; or MATH 125, 131, or 140)  
 PSYC 101, Introduction to Psychology (3 cr)

## HSCI Major Requirements – Typical Second-Year Schedule

**Fall or Spring:**

HSCI 225, Biostatistics (3 cr)  
 HSCI 260, Human Disease and Chronic Illness (3 cr)  
 Plus Core and major requirements, or electives to total 30 credits for the year

## HSCI Major Requirements – Typical Third-Year Schedule

**Fall:**

Core and major requirements, or electives to total approximately 15 credits

**Spring:**

HSCI 320, Health Assessment (3 cr)  
 Plus other Core and major requirements, or electives to total 30 credits for the year

**Fall or Spring:**

HSCI 240, Principles of Epidemiology (3 cr)

### HSCI Major Requirements – Typical Fourth-Year Schedule

**Fall or Spring:**

HSCI 420, Evidence-Based Health Care (3 cr)

HSCI 482, Senior Capstone in Health Science (3 cr – also fills a WAC requirement)

or HSCI 494, Research Seminar in Health Science (3 cr – also fills a WAC requirement)

Plus any outstanding major requirements, Core, or electives to total a minimum of 120 credits for your career

### Additional HSCI Major Requirements – Flexible Timing

*In general, 100- and 200-level courses can be taken first year or later. 300-level courses can be taken second year or later. As courses may not be offered every year, 400-level courses should be taken third year if offered. 500-levels are graduate courses that may be taken for undergraduate credit—they should only be taken in the fourth year.*

HSCI 201, Introduction to Health Care Ethics (3 cr – also fills Spiritual/Ethical Core)

HSCI 411, Cultural Competency for Health Professionals (3 cr) – take 3<sup>rd</sup> or 4<sup>th</sup> year

Select **four courses** (12-14 credits) from the following:

CMDS 101, Introduction to Communication Disorders (3 cr)

HSCI 315, Interdisciplinary Perspectives on Aging (3 cr)

HSCI 380, Special Topics in Health Science (3 cr)

HSCI 384, Practicum in Health Science (3 cr)

PUBH 410, Health and Health Care Disparities (3 cr)

PUBH 460, Health Law (3 cr)

PUBH 470, Global Health (3 cr)

PUBH 475, Maternal and Child Health (3 cr)

PSYC 320, Health Psychology (3 cr)

RELI 226, Religion, Health, and Healing (3 cr)

RHDS 370, Interviewing and Case Study Methods (3 cr)

SOCI 330, Sociology of Health and Health Care (3 cr)

SPAN 213, Spanish for Health Care Professionals (3 cr)