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| 3:00-4:00pm | Registration and Check-in – Health Sciences Center, Main Lobby |
| 3:45-4:00pm | Opening Remarks – Health Sciences Center, Room 163 Dr. Judy Van Raalte (Director, Athletic Counseling), Dr. Jasmin Hutchinson (Director, Sport & Exercise Psychology), Gabrielle Salvatore & Emily Tyler (Co-Chairs, Planning Committee) |
| 4:00-5:00pm | Keynote Address I – Health Science Center, Room 163 Tiff Jones, PhD <i>Title: To Be Announced</i> |
| 5:00-5:10pm | Break |
| 5:10-5:40pm | Session 1 |
| <u>Session 1A:</u> | Lecture – Health Sciences Center, Room 163 Adam Feit, MS & Jasmin Hutchinson, PhD <i>The Use of Sport Psychology in Collegiate Strength and Conditioning</i> |
| <u>Session 1B:</u> | Lecture – Health Sciences Center, Room 165 Steve Brown, LMHC <i>Development and Implementation of a Mental Skills Education Program for Middle and High School Students</i> |
| <u>Session 1C:</u> | Panel Discussion – Health Sciences Center, Room 225 Sam Santich, MS, Zack Bryant, MA, Eric Belt, MS, & Gabrielle Salvatore, MS <i>Lessons Learned in Research from Doctoral Students</i> |
| 5:40-5:50pm | Break |
| 5:50-6:35pm | Session 2 |
| <u>Session 2A:</u> | Workshop – Health Sciences Center, Room 225 Caitlin Haworth, MS, Kira Sparks, MS, & Dianna Curtis, MS <i>Practicing Off the Field: The Application of Sport and Exercise Psychology in Additional Domains</i> |
| <u>Session 2B:</u> | Paper Session – Health Sciences Center, Room 163 1 – Doug Eng, EdD, PhD <i>Periodization of Mental Skills in Tennis for Advanced Players</i> 2 – Mallory Meyer <i>Athlete Burnout: Domestic vs. International</i> 3 – Emily Tyler, MS <i>International Student-Athletes' Perceptions of Belonging and Inclusion at a Division I Institution</i> |
| 6:35-6:45pm | Break |
| 6:45-7:15pm | Session 3 |
| <u>Session 3A:</u> | Workshop – Health Sciences Center, Room 225 Jim Helling, LICSW <i>Moral Injury, Leadership Betrayal and College Athletic Systems of Care: Psychological and Ethical Implications</i> |
| <u>Session 3B:</u> | Paper Session – Health Sciences Center, Room 163 1 – Matt Charest & Su Langdon, EdD <i>Surprise! Uniforms Are Not Uniformly Experienced</i> 2 – Sophia White <i>The Role of Positive Emotional Expression on Sport Emotion and Collective Efficacy</i> |
| 7:30-9:30pm | Attendee Social & Raffle – Cheney Dining Hall, Rooms A&B |

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| 8:15-9:00am | Breakfast – Health Sciences Center, Room 225 |
| 9:00-10:00am | Keynote Address II – Health Sciences Center, Room 163 **Diversity CEU** Angel Brutus, PsyD <i>Baggage Claim: Embracing Work with Clients of Diverse Backgrounds</i> |
| 10:00-10:15am | Break |
| 10:15-11:00am | Session 4 |
| <u>Session 4A:</u> | Paper Session – Health Sciences Center, Room 163 1 — Logan Cavanaugh, MEd <i>Widening the Lens of Peak Performance: A Discussion of Relevant Skills and Practices Used with Combat Veterans</i> 2 – Ashlee Groover <i>Physical Therapist and Client Perceptions of Psychological Support Provided During Rehabilitation Sessions</i> 3 – Emily Jakob <i>The Psychological Effects of Taper on Nonprofessional Ironman Triathletes</i> |
| <u>Session 4A:</u> | Workshop – Health Sciences Center, Room 225 Lois Butcher-Poffley, PhD, & Don Milham, PhD <i>The Athlete Evolution Model: A (W)holistic Approach to Athlete Success</i> |
| 11:00-11:10am | Break |
| 11:10-11:40am | Session 5 |
| <u>Session 5A:</u> | Lecture – Health Sciences Center, Room 165 Robert Mendoza, MS <i>Two! Student Practitioner Approach and Experience to Conducting Psychological Skills Training with a College Wrestling Team</i> |
| <u>Session 5B:</u> | Lecture – Health Sciences Center, Room 225 Latisha Forster Scott, PhD <i>Factors Impacting Student-Athlete Sport Dropouts and the Role of the Sport Psychology Consultant</i> |
| 11:40-1:00pm | Lunch – Health Sciences Center, Room 163 |
| 1:00-2:00pm | Keynote Address III – Health Sciences Center, Room 163 Nate Zinsser, PhD <i>Delivering Applied Sport Psychology Services in Collegiate, Military and Professional Settings</i> |
| 2:00-2:10pm | Break |
| 2:10-2:55pm | Session 6 |
| <u>Session 6A:</u> | Workshop – Health Sciences Center, Room 163 Ashlee Groover, Matthew Rieger, Joseph Carbone, Kathryn Colby, Rachael Cormier, Erika Monsalve, Emily Seaman, Monica Tews, Judy Van Raalte, PhD, & Britton Brewer, PhD <i>Applied Sport Psychology in Multidisciplinary Sport Injury Rehabilitation Settings</i> |
| <u>Session 6B:</u> | Paper Session – Health Sciences Center, Room 225 1 — Josh Burger, MS <i>NCAA Division I Tennis Coach Perceptions and Strategies of Mental Toughness Development</i> 2 – Kara Scott <i>Benefits of Investing in Quality Coach-Athlete Relationships</i> 3 – Zack Bryant, MA <i>A Guide to Navigating the Potential Negative Consequences of Retiring from Sport</i> |
| 2:55-3:05pm | Break |
| 3:05-3:30pm | AASP Student Information, Closing Remarks & Evaluation – Health Sciences Center, Room 165 |

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