



## Springfield College Health Studies Minor ▼ 2016-2017

If you matriculated to Springfield College in 2016-2017, use this as a guide for completing the Health Studies minor. Requirements listed for this minor are subject to change—use your online degree audit for the most accurate information. Always confirm your plans with your minor advisor or the chairperson of the Physical Education and Health Education department.

### HSTD Minor – 15 Credits Required

Select a minimum of 15 credits from the following courses:

- HLTH 210, Consumer and Environmental Health (3 cr)
- HLTH 260, Drugs and Society (3 cr)
- HLTH 304, Methods and Materials in Health and FACS: Secondary (1.5 cr)
- HLTH 308, Methods and Materials in Health and FACS: Elementary (1.5 cr)
- HLTH 343, Community Health Education (3 cr)
- HLTH 355, Human Sexuality (3 cr)
- HLTH 360, Violence Prevention and Psychological Health (3 cr)
- HLTH 365, Family and Group Dynamics in Health Education (3 cr)
- HLTH 425, Human Disease and Health Literacy (3 cr)
- HSRS 201, Introduction to Health Care Ethics (3 cr)
- HSRS 410, Health and Health Care Disparities (3 cr)
- HSRS 130, Introduction to Public Health (3 cr)
- NUSC 261, Introduction to Nutrition (3 cr)

*HLTH 260, 261, 304, 308 and 355 are recommended for students seeking health/family and consumer science teacher licensure. HLTH 365 is specifically required for Connecticut licensure. Most states require 30 or more credits in health/family and consumer science for teacher licensure. Contact the Office of Educator Preparation and Licensure for more information.*