



## Springfield College Sequencing Guide Rehabilitation and Disability Studies Major ▼ 2016-2017

If you are a Rehabilitation and Disability Studies major who matriculated to Springfield College in 2016-2017, use this as a guide for sequencing your courses. Requirements listed on this guide are subject to change and may not be offered when listed—use your online degree audit for the most accurate information. Always confirm your plans with your advisor, and consult your advisor or chairperson if you have any questions.

### RHDS Major – Typical First-Year Schedule

**Fall:**

ENGL 113, College Writing I (3 cr – fills half College Writing GenEd)  
RHDS 126, Principles of Rehabilitation (3 cr)  
Plus GenEds, major requirements with flexible timing, or electives (as applicable) to total approximately 15 credits

**Spring:**

ENGL 114, College Writing II (3 cr – fills half College Writing GenEd)  
Plus GenEds, major requirements with flexible timing, or electives (as applicable) to total 30 credits for the year

**Fall or Spring:**

HLTH 100, Wellness: A Way of Life (3 cr – fills Health and Wellness GenEd)  
RHDS 230, Psychology of Disability and Illness (3 cr – also fills Behavioral/Social Sciences and Social Justice GenEds)

### RHDS Major – Typical Second-Year Schedule

**Fall and/or Spring:**

RHDS 260, Human Disease and Chronic Illness (3 cr)  
Plus GenEds, major requirements with flexible timing, or electives (as applicable) to total 30 credits for the year

### RHDS Major – Typical Third-Year Schedule

**Fall and/or Spring:**

There are no major requirements specifically recommended for your third year. You should select GenEds, major requirements with flexible timing, or electives (as applicable) to total 30 credits for the year

### RHDS Major – Typical Fourth-Year Schedule

**Fall and/or Spring:**

RHDS 386, Rehabilitation Internship (6 cr – fills both WAC requirements)  
RHDS 482, Senior Seminar (3 cr)  
Plus any outstanding major requirements, GenEds, or electives to total a minimum of 120 credits for your career

### Additional RHDS Requirements – Flexible Timing

CMDS 101, Introduction to Communication Disorders (3 cr; can be taken 1<sup>st</sup> or 2<sup>nd</sup> year)  
RHDS 320, Concepts of Assessment and Intervention in Health Care (3 cr; should be taken 2<sup>nd</sup> or 3<sup>rd</sup> year)  
RHDS 384, Practicum in Rehabilitation Services (3 cr – also fills half of WAC GenEd; should be taken 2<sup>nd</sup> or 3<sup>rd</sup> year)  
RHDS 402, Implication of Disability for the Family (3 cr; should be taken 3<sup>rd</sup> or 4<sup>th</sup> year)  
RHDS 430, Children with Disabilities (3 cr; should be taken 3<sup>rd</sup> or 4<sup>th</sup> year)  
RHDS 470, Needs of the Aging (3 cr; should be taken 3<sup>rd</sup> or 4<sup>th</sup> year)

In addition, you **MUST** complete **one of the concentrations** on the following page.

### Required Concentration

*In addition to the requirements on the previous page, you MUST complete one of the following concentrations:*

#### **Addictions and Mental Health Concentration**

RHDS 370, Interviewing and Case Study Methods (3 cr)  
 RHDS 492, Group Process in Rehabilitation (3 cr)  
 RHDS 585\*, Treatment Methods in Substance Abuse Rehabilitation (3 cr)  
 RHDS 587\*, Substance Abuse and Family Treatment (3 cr)

#### **Children’s Developmental Services**

RHDS 370, Interviewing and Case Study Methods (3 cr)  
 RHDS 442, Behavioral Techniques for the Developmentally Disabled (3 cr)  
 RHDS 464, Autism and Other Developmental Disabilities (3 cr)  
 RHDS 483, Learning Disabilities (3 cr)

#### **Interdisciplinary Studies**

RHDS 370, Interviewing and Case Study methods (3 cr)

*In addition, select 3 additional RHDS courses (9 cr) numbered 400 or above:*

RHDS 4/5\* \_\_\_\_\_  
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#### **Medical Rehabilitation**

BIOL 130, Anatomy & Physiology Concepts I (3 cr – also fills Natural Sciences GenEd)  
 BIOL 132, Anatomy & Physiology Concepts I Lab (1 cr – also fills Natural Sciences GenEd)  
 BIOL 131, Anatomy & Physiology Concepts II (3 cr)  
 BIOL 133, Anatomy & Physiology Concepts II Lab (1 cr)  
 HSRS 325, Biostatistics (3 cr)  
 RHDS 475, Integrated Medicine (3 cr)

\*500-level classes are graduate-level, but may be taken for undergraduate credit.

### GenEd Requirements, Electives, and College Requirements

*This major typically requires 48 to 50 credits to complete. In addition to the requirements previously listed, you must complete:*

- **Additional GenEds:** Computing/Technology, Literary Studies, Visual/Performing Arts, Spiritual/Ethical Dimensions, Quantitative Reasoning, Natural Sciences, Historical/Cultural Studies, International/Multicultural Studies, and Physical Activity
- **31 to 34 elective credits or more** (depending on GenEds and concentration chosen) to total at least 120 credits
- A **minimum cumulative GPA** of 2.000 or higher
- The **residency requirement**—60 credits taken at Springfield College (including 15 of your last 30)