

SPRINGFIELD COLLEGE



Springfield College **CONNECT**

News and Happenings from Alden Street

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This newsletter serves as a communication tool for our students, their families, and our campus community to stay informed. This is an important information platform for Springfield College to periodically share and exchange plans so that, together, we emerge strongly from the COVID-19 crisis.

A Competition for Us All



By now, you have heard the news that our fall intercollegiate athletics teams will not be competing against other teams. It is only one of the changes that we all will deal with this fall. It will be our reformulated intramural and sports club programs that instead will carry the competitive flame. However, there is a competition in which we all will be partaking. All of us—every student, every professor, and every staff member will be participating in our most intense competition ever.

It is **Us** versus the **Virus**.

We win if we do everything we are supposed to do, keep the virus at bay, and make it to Friday, Nov. 20. There are many people who do not believe we will succeed. The main argument is that 18- to 22-year-old students will *not* do what is necessary to protect themselves and the community.

I disagree.

I have worked at a variety of colleges and universities and I put my money on this student population to beat the virus. Many of you came here attracted by the mission of spirit, mind, and body developing leaders in service to others, and that focus on service only intensifies during your time here. I have only been here two years, but I have seen how pervasive the service orientation is in this student culture. I would put you all up against the student population of any other college or university.

To win this competition, it will take all of us doing the things we need to do to succeed, including:

- Wearing a mask when you are not in your room, the shower, or eating;
- Practicing social distancing;
- Not going to class (or anywhere else) when you do not feel well, and calling the Health Center instead; and
- Demanding that your fellow students follow these required practices as well.

It also means trying to stay on the campus as much as possible, being vigilant when you are off-campus, and definitely not crowding into off-campus houses for parties. Any kind of “super spreader” event will likely cause us to lose the competition and force us to send you home. We want you back on the campus and we want you to stay on the campus until Thanksgiving.

The power to stay on the campus until Nov. 20 is almost completely within your hands.

Help us win this competition and prove the naysayers wrong!

Patrick Love
Vice President for Student Affairs

Leadership When It Matters Most

On campus, I am involved with the Student Government Association, Campus Activities Board, Springfield College dance marathon, club figure skating, and Leadership Summit program. It has been five months too long since we have all stepped foot on campus. Despite the distance, I have been amazed at how we have continued to come together as a community. As we begin to think about what this new normal on campus will be like, we must work together to stay together. It is us against the virus and the way to beat it is



through wearing masks, social distancing, and following all the guidelines the College leadership suggests to keep us safe. It is extremely important for us to keep the virus off campus so that we can spend time with our friends and take part in all the Springfield traditions we love. This summer,

I have had the privilege of working as a summer orientation leader and have seen how excited these new students are to join our community. As upperclass students, we must do what we can to help them feel welcome on campus while leading by example in following guidelines. Springfield College will always be a family, and we will continue to grow as leaders, learners, and as a community. I cannot wait to see you all on campus soon and am so grateful we will all be together again.

Julia McGourty, Class of 2021
Occupational Therapy Major



Culinary Preparations Underway for Fall Semester

Harvest Table Culinary Group staff members are working hard to create a fun and safe food experience on campus this fall. They are collaborating with campus activities and other groups on campus to make this a wonderful semester. They are building a fall events calendar which will showcase their local partners and seasonal ingredients for the Springfield College community to enjoy. Chefs will use fresh vegetables and herbs right from their farms to your table. This week, a new **nitro cold brew tap** was installed at The Table @ Cheney Hall. New stations are currently being sanitized and set up for the fall, including a **deli** and enhanced **breakfast bar**. Expect a variety of new foods that are additive free, locally and responsibly sourced, made from scratch, and nutritionally balanced. Staff members can't wait to share this culinary experience with you.

Follow us on social media for updates on the fall program.

Instagram: [@springfielddining](#)

Facebook: [Springfield College Dining](#)

Twitter: [@SpringfieldDin1](#)

Web page: [Springfield College Dining Services](#)

Learn more about Harvest Table at [harvesttableculinary.com](#).

Students with Entrepreneurial Spirit Honored

We encourage our students to think big, to think beyond the classroom, and, to think of ways to improve the lives of others. Five of our students who did just that were recognized for their entrepreneurial spirit as Harold Grinspoon Charitable Foundation Entrepreneurship Initiative honorees. The awards are presented to college students in the Pioneer Valley who have started their own business or are close to setting one up. Faculty leadership for these students was provided this spring by **Pam Baran**, business management instructor, and **Heather Gilmour**, assistant professor of sport management and recreation.



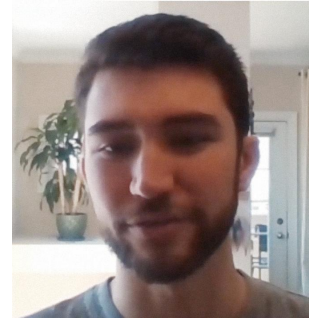
Chloe Dewhurst, Class of 2022 Psychology Spirit Award for BBE Company

Chloe Dewhurst wanted “fun” scrunchies she could wear to keep her hair back for her track meets but couldn't find any she liked. Using a sewing machine she purchased on Amazon, and watching YouTube tutorials, Chloe taught herself to sew. She started making scrunchies.

Check out how she turned that effort into a business .

Kyle Forgeron, G'20 Psychology Concept Award for Oasys

Kyle Forgeron describes his business idea as “helping people feel good about what they eat.” He developed an app that identifies a user’s eating preferences and offers flexibility in creating meals. **Learn more about Kyle’s creative idea and his future plan for the business.**



Paris Lizana, Class of 2023
Sport Management and Recreation
Concept Award for Activity TV

As a sport management and recreation major, Paris Lizana has learned that getting people to enjoy their fitness experience can be challenging. To change that mindset, Paris has developed technology she says will revolutionize a person’s gym experience and make that experience more personal. **Learn how her business, Activity TV, can help improve one’s health journey.**

Casey Sheehan '20
Sport Management and Recreation
Spirit Award for Focus

Casey Sheehan recognized that it’s important for students to have a system to help them acclimate to college life. Through his business idea, Casey created a 10-week program in which students work with a mentor to develop new habits and learn ideas to better themselves. **Find out more about Focus and Casey’s hopes for the business going forward.**



Hale Thomas, Class of 2022
Business Management
Spirit Award for Cape Fresh Fishing Company

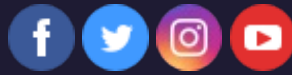
Hale Thomas grew up fishing at Cape Cod, an activity and experience about which he is passionate. In his business, he offers fresh water fishing tours to individuals and families at the Cape. **Check out how he operates his recreational fishing business.**

If you have questions or comments, please contact the Office of Student Affairs staff at studentaffairs@springfield.edu.

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Springfield College is a smoke free/tobacco free campus.

Employment Opportunities

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