Graduate Strength and Conditioning Program

Sequencing Guide

Thesis Option (M.S.)

1st Fall Semester
AEXS 670 (3) – Strength and Conditioning
AEXS 671 (1) – Strength and Conditioning Applications
AEXS 681 (2) – Strength and Conditioning On-Campus Internship
RSCH 610 (3) – Foundations and Methods of Research

1st Spring Semester
AEXS 540 (3) – Nutrition for Athletic Performance
AEXS 604 (3) – Neuromuscular Function of Exercise
RSCH 612 (2) – Thesis Proposal and Design
RSCH 635 (1) - Thesis

1st Summer Semester
AEXS 682 (1) – Fieldwork I

2nd Fall Semester
RSCH 620 (3) – Statistics
6 credits of electives

2nd Spring Semester
AEXS 613 (3) – Exercise Testing and Prescription for Special Populations
AEXS 680 (3) – Advanced Strength and Conditioning
RSCH 635 (3) – Thesis

2nd Summer Semester
AEXS 683 (2) – Fieldwork II
Independent Study Option (M.Ed.)

1st Fall Semester
AEXS 670 (3) – Strength and Conditioning
AEXS 671 (1) – Strength and Conditioning Applications
AEXS 681 (2) – Strength and Conditioning On-Campus Internship
RSCH 610 (3) – Foundations and Methods of Research

1st Spring Semester
AEXS 540 (3) – Nutrition for Athletic Performance
AEXS 604 (3) – Neuromuscular Function of Exercise
HPER 626 (2) – Independent Study Proposal and Design
AEXS 692 (1) – Independent Study

1st Summer Semester
AEXS 682 (1) – Fieldwork I

2nd Fall Semester
RSCH 620 (3) – Statistics
6 credits of electives

2nd Spring Semester
AEXS 613 (3) – Exercise Testing and Prescription for Special Populations
AEXS 680 (3) – Advanced Strength and Conditioning
AEXS 692 (1) – Independent Study
2 credits of electives

2nd Summer Semester
AEXS 683 (2) – Fieldwork II