



Process Recording Template for Individual, Family, or Co-Counseling

Springfield College Student Name:

Date of Meeting:

Date of Process Recording:

Process Recordings should be reviewed and discussed by the student and field supervisor in individual supervision. *Written feedback must be provided by the field supervisor at minimum on two of the six process recordings per term.* Otherwise, the supervisor may sign in the feedback column indicating that the process recording has been reviewed and discussed. *Do not put any identifying client/patient information in this document.*

Add additional pages as needed.

Column I	Column II	Column III	Column IIII
The verbatim of the account of the session portion, from memory.	Cognitive process: the student's <i>thinking</i> about the interaction, rational for making a particular response, theory and knowledge used.	Affective process: a running account of how the student was <i>feeling</i> as the interview progressed. Space for self-reflection on internal responses.	Field supervisor's comments and feedback.

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