



Springfield College Sequencing Guide Integrative Studies Major (INST) ▼ 2026-2027

Core Curriculum

All students must fulfill 40 credits of the Core Curriculum.

- SCSM 101, Springfield College Seminar (3 credits)
- College Writing (6 credits)
 - ENGL 113 - College Writing I
 - ENGL 114 - College Writing II
- Literature (3 credits)
- Aesthetic Expression (3 credits)
- Spiritual and Ethical (3 credits)
- Historical and Social Literacy (3 credits)
- Quantitative Reasoning (3 credits)
- Scientific Reasoning (4 credits)
- Themed Exploration (9 credits)
 - 3 different prefixes
 - 1 Global course
- Wellness and Physical Literacy
 - 100-level course (1 credit)
 - 200-level course (1 credit)
 - 300-level course (1 credit)

Writing Across the Curriculum (WAC)

All students must complete **6 credits** of WAC requirements. They must be completed here at SC, and CAN also be used to fill other INST requirements.

Integrative Studies Major Area of Focus

INST majors must complete **at least 24 credits** of an approved area of focus in a particular discipline or a multi-disciplinary area. Depending on courses taken, students can also use those courses to fulfill an official minor. Courses used for the INST area of focus can **NOT** also be used to fulfill your Core or other major requirements.

<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____
<input type="checkbox"/>	_____	<input type="checkbox"/>	_____

Integrative Studies Major Advanced Coursework

INST majors must complete **at least 24 credits** of advanced coursework. These courses cannot be used to fulfill your Core or other Major requirements.

<input type="checkbox"/> 200/300–level course _____	<input type="checkbox"/> 300/400–level course _____
<input type="checkbox"/> 200/300–level course _____	<input type="checkbox"/> 300/400–level course _____
<input type="checkbox"/> 200/300–level course _____	<input type="checkbox"/> 300/400–level course _____
<input type="checkbox"/> 200/300–level course _____	
<input type="checkbox"/> 200/300–level course _____	

Integrative Studies Major Capstone Course

INST majors must complete the capstone course in their final semester.

- SPCO 401, Beyond Springfield College (1 credit)

Electives and College Requirements

In addition to the requirements previously listed, you must complete:

- Enough elective credits to **total at least 120 credits**
- A **minimum cumulative GPA** of 2.000 or higher
- The **residency requirement**—45 credits taken at Springfield College (including 15 of your last 30)