



# Springfield College Sequencing Guide Psychology Major (PSYC) ▼ 2026-2027

*Requirements are subject to change and may not be offered when listed. Use your online degree audit to verify your progress with your advisor.*

## Core Curriculum Requirements, Electives, and College Requirements

*In addition to the major requirements listed below, you will need to fill the following Core Curriculum categories:*

- |  |                                 |                                |                              |
|--|---------------------------------|--------------------------------|------------------------------|
| • 100-level Wellness & Physical (1 cr) | • Literature (3 cr)             | • Spiritual and Ethical (3 cr) | • Themed Explorations (9 cr) |
| • 200-level Wellness & Physical (1 cr) | • Quantitative Reasoning (3 cr) | • Aesthetic Expression (3 cr)  | ➢ 3 prefixes                 |
| • 300-level Wellness & Physical (1 cr) | • Scientific Reasoning (4 cr)   | • Historical and Social (3 cr) | ➢ 1 Global course            |

*This major typically requires 38 credits to complete. In addition to the Core Curriculum and major requirements listed, you must complete:*

- **43 elective credits or more** to total at least 120 credits
- A **minimum cumulative GPA** of 2.000 or higher
- The **residency requirement**—45 credits taken at Springfield College (including 15 of your last 30)

## PSYC Major Requirements – Typical First-Year Schedule

<b>Fall:</b> SCSM 101, Springfield College Seminar (Core requirement – 3 cr) ENGL 113, College Writing I (Core requirement – 3 cr) PSYC 101, Introduction to Psychology (3 cr) Plus other Core and major requirements, or electives to total approximately 15 credits	<b>Spring:</b> ENGL 114, College Writing II (Core requirement – 3 cr) A 100- or 200-level PSYC selective Plus other Core and major requirements, or electives to total 30 credits for the year
<b>Fall or Spring:</b> Quantitative Reasoning Core Curriculum course (3cr, prerequisite for PSYC211)	

## PSYC Major Requirements – Typical Second-Year Schedule

<b>Fall:</b> PSYC 211, Introduction to Statistics (3 cr) Plus other Core and major requirements, or electives to total approximately 15 credits	<b>Spring:</b> PSYC 282, Sophomore Seminar in Psychology (3 cr) Plus other Core and major requirements, or electives to total 30 credits for the year
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## PSYC Major Requirements – Typical Third-Year Schedule

**Fall or Spring:**  
 PSYC 301, Research Methods (3 cr – also fills one WAC requirement) AND  
 PSYC 302, Research Methods Lab (1 cr)  
 Plus Core and major requirements, or electives to total 30 credits for the year

### PSYC Major Requirements – Typical Fourth-Year Schedule

#### Fall or Spring:

PSYC 482, Senior Capstone Seminar (3 cr)

Plus any outstanding major requirements, Core, or electives to total a minimum of 120 credits for your career

### Additional PSYC Major Requirements – Flexible Timing

*In general, 100-level courses should be taken first or second year; 200-level courses should be taken second year or later; 300- and 400-level should be taken third year or later.*

Select **four** courses (12 cr) of the following **foundational psychology** courses:

PSYC 109, Human Development (3 cr)

PSYC 135, Personality and Personal Adjustment (3 cr)

PSYC 209, Social Psychology (3 cr)

PSYC 221, Abnormal Psychology (3 cr)

PSYC 308, Cognitive Psychology (3 cr)

Select **one** course (3 cr) of the following **advanced psychology** courses:

PSYC 340, Child Development (3 cr - also fills one WAC requirement)

PSYC 345, Adolescent and Young Adult Development (3 cr)

PSYC 309, Motivation and Learning (3 cr)

PSYC 405, Physiological Psychology (3 cr)

PSYC 406, Psychology of Diversity (3 cr)

Select **one** course (3 cr) of the following **applied psychology** courses:

PSYC 240, Psychology of Sexual Behavior (3 cr)

PSYC 320, Health Psychology (3 cr)

PSYC 330, Human Relations in Organizations (3 cr - also fills one WAC requirement)

PSYC 332, Conflict Mediation (3 cr)

PSYC 368, Forensic Psychology (3 cr)

PSYC 413, Psychological Testing (3 cr)

PSYC 422, Interviewing and Counseling (3 cr)

Select one course (3 – 4 cr) of the following **psychology in the larger world** courses:

PSYC 386, Internship and Seminar (2 -10 cr) (Must earn 3 cr to meet the program requirement. 3 cr at a time are recommended.)

PSYC 480, Directed Research in Psychology (with permission of the instructor, 2-10 cr) (Must earn 4 cr to meet the program requirement. 2 cr at a time are recommended.)

### PSYC Major – Program Standards

Program standards for the PSYC major include, but are not limited to:

- A grade of C- or above in all courses required for the PSYC major (including selectives)

For more information about these and other program standards, contact your advisor or the PSYC program coordinator.