



# Springfield College Sequencing Guide Public Health Major (PUBH) ▼ 2026-2027

*Requirements are subject to change and may not be offered when listed. Use your online degree audit to verify your progress with your advisor.*

## Core Curriculum Requirements, Electives, and College Requirements

*In addition to the major requirements listed below, you will need to fill the following Core Curriculum categories:*

- |  |                               |                                |                              |
|--|-------------------------------|--------------------------------|------------------------------|
| • 100-level Wellness & Physical (1 cr) | • Literature (3 cr)           | • Historical and Social (3 cr) | • Themed Explorations (9 cr) |
| • 200-level Wellness & Physical (1 cr) | • Aesthetic Expression (3 cr) | • Spiritual and Ethical (3 cr) | ➢ 3 prefixes                 |
| • 300-level Wellness & Physical (1 cr) |                               |                                | ➢ 1 Global course            |

*This major typically requires 55 to 56 credits to complete. In addition to the Core Curriculum and major requirements listed, you must complete:*

- **33-36 elective credits or more** to total at least 120 credits.
- **A minimum cumulative GPA** of 2.000 or higher
- **The residency requirement**—45 credits taken at Springfield College (including 15 of your last 30)

## PUBH Major Requirements – Typical First-Year Schedule

**Fall:**  
SCSM 101, Springfield College Seminar (Core requirement—3cr)  
ENGL 113, College Writing I (Core requirement – 3 cr)  
PUBH 130, Introduction to Public Health (3 cr)

Plus other Core and major requirements, or electives to total approximately 15 credits

**Spring:**  
ENGL 114, College Writing II (Core requirement – 3 cr)

Plus other Core and major requirements, or electives to total 30 credits for the year

**Fall or Spring:**

CISC 115, Microcomputer Applications (3 cr)  
MATH 115, College Algebra (3 cr—also fills Quantitative Reasoning Core; or MATH 125, or 140)  
At least one **Social and Behavioral Science Selective** course

## PUBH Major Requirements – Typical Second-Year Schedule

**Fall:**  
HSCI 225, Biostatistics (3 cr)

Plus other Core and major requirements, or electives to total approximately 15 credits

**Spring:**  
HSCI 240, Principles of Epidemiology (3 cr)

Plus other Core and major requirements, or electives to total 30 credits for the year

**Fall or Spring:**

ENVS 120, Foundations of Sustainability (3 cr)  
At least one **Natural Science Selective** course

## PUBH Major Requirements – Typical Third-Year Schedule

**Fall:**  
HLTH 525, Human Disease and Society (3 cr)

Plus other Core and major requirements, or electives to total approximately 15 credits

**Spring:**  
HSCI 320, Health Assessment (3 cr)

Plus other Core and major requirements, or electives to total 30 credits for the year

**Fall or Spring:**

One **Public Health Selective** course

## PUBH Major Requirements – Typical Fourth-Year Schedule

**Fall:**  
PUBH 410, Health and Health Care Disparities (3 cr)

Plus other Core and major requirements, or electives to total approximately 15 credits

**Spring:**  
PUBH 460, Health Law (3 cr)

Plus other Core and major requirements, or electives to total 120 credits for your career

**Fall or Spring:**

One **Public Health Selective** course  
HLTH 487, Fieldwork in Health Promotion (6-12 cr)  
    **or** HSCI 384, Practicum in Health Science (3 cr)  
HSCI 482, Senior Capstone in Health Science (3 cr – also fills a WAC requirement)  
    **or** HSCI 494, Research Seminar in Health Science (3 cr – also fills a WAC requirement)

### **Additional PUBH Major Requirements – Flexible Timing**

Select **two courses for Social and Behavioral Science Selectives** (6 credits) from the following; it is recommended that students take one selective during their first year of study:

- PSYC 101 - Introduction to Psychology (3 cr)
- PSYC 109 - Human Development (3 cr)
- PSYC 209 - Social Psychology (3 cr)
- PSYC 320 - Health Psychology (3 cr)
- RHDS 230 - Psychology of Disability and Illness (3 cr)
- SOCI 101 - Introduction to Sociology (3 cr – also fills Historical and Social Literacy Core)
- SOCI 210 - Social Problems (3 cr – also fills Historical and Social Literacy Core)
- SOCI 314 - Environment and Society (3 cr)
- SOCI 330 - Sociology of Health and Health Care (3 cr)
- SOCI 366 - Poverty and Wealth: Class in Society (3 cr)

Select **two courses for Natural Science Selectives including the concurrent labs** (7-8 credits) from the following (one course with concurrent lab also fills Scientific Reasoning Core), it is recommended that students complete these courses by the end of their second year of study:

- BIOL 101 - Basic Concepts of Modern Biology (3 cr)
- BIOL 102 - Basic Concepts Laboratory (1 cr)
- BIOL 121 – Introductory Molecular and Cellular Biology (3 cr)
- BIOL 123 - Introduction to Bench Research (1 cr)
- BIOL 122 – Introductory Evolutionary, Organismal, and Ecological Biology (3 cr)
- BIOL 124 - Introduction to Field Research (1 cr)
- BIOL 130 - Anatomy and Physiology Concepts I (3 cr)
- BIOL 132 - Anatomy and Physiology Concepts I Lab (1 cr)
- BIOL 131 - Anatomy and Physiology Concepts II (3 cr)
- BIOL 133 - Anatomy and Physiology Concepts II Lab (1 cr)
- BIOL 260 - General Ecology (3 cr)
- BIOL 261 - General Ecology Laboratory (1 cr)
- CHEM 101 - Chemistry Survey (3 cr)
- CHEM 102 - Chemistry Survey Laboratory (1 cr)
- CHEM 121 - General Chemistry I (3 cr)
- CHEM 123 - General Chemistry I Laboratory (1 cr)
- CHEM 122 - General Chemistry II (3 cr)
- CHEM 124 - General Chemistry II Laboratory (1 cr)
- ENVS 215 - Environmental Geology (3 cr)
- ENVS 216 - Environmental Geology Laboratory (1 cr)
- PHYS 205 - Physics for Movement Science (3 cr)
- PHYS 207 - Physics for Movement Science Laboratory (1 cr)
- PHYS 210 - General Physics I (4 cr)
- PHYS 211 - General Physics II (4 cr)

Select **two courses for Public Health Selectives** (6 credits) from the following:

- HSCI 315, Interdisciplinary Perspectives on Aging (3 cr)
- HSCI 330, Community Experience in Gerontology (4-7cr)
- PUBH 470, Global Health (3 cr)
- PUBH 475, Maternal and Child Health (3 cr)
- SWRK 101, Intro to Social Work and Social Welfare (3 cr)