



Springfield College Sequencing Guide

Recreation Industries & Therapeutic Recreation Major (RITR) ▼2026-2027 Recreation Professional Studies Concentration

Requirements are subject to change and may not be offered when listed. Use your online degree audit to verify your progress with your advisor.

Core Curriculum Requirements, Electives, and College Requirements

In addition to the major requirements listed below, all RITR majors will need to fill the following Core Curriculum categories:

- | | | | |
|--|---|---|---|
| <ul style="list-style-type: none"> • 100-level Wellness & Physical (1 cr) • 200-level Wellness & Physical (1 cr) • 300-level Wellness & Physical (1 cr) | <ul style="list-style-type: none"> • Literature (3 cr) • Quantitative Reasoning (3 cr) • Scientific Reasoning (4 cr) | <ul style="list-style-type: none"> • Spiritual and Ethical (3 cr) • Aesthetic Expression (3 cr) • Historical and Social (3 cr) | <ul style="list-style-type: none"> • Themed Explorations (9 cr) <ul style="list-style-type: none"> ➢ 3 prefixes ➢ 1 Global course |
|--|---|---|---|

This major typically requires 58 credits to complete. Those students must also complete:

- **22 elective credits or more** to total at least 120 credits
- The **residency requirement**—45 credits taken at Springfield College (including 15 of your last 30)

RITR Major Requirements – Typical First-Year Schedule

Fall: SCSM 101, Springfield College Seminar (3 cr – fills FYS Core) ENGL 113, College Writing I (Core requirement – 3 cr) SMRT 106, Dynamics of Leadership (3 cr) Plus other Core and option requirements, or electives to total approximately 15 credits	Spring: ENGL 114, College Writing II (Core requirement – 3 cr) SMRT 103, Introduction to the Global Recreation Industry (3 cr – also fills half of WAC requirement) Plus other Core and option requirements, or electives to total 30 credits for the year
--	--

RITR Major Requirements – Typical Second-Year Schedule

Fall: SMRT 231, Recreation Programming I (3 cr)	Spring: There are no major requirements specifically recommended for this semester. You should take Core and major requirements from the selective list, or electives to total 30 credits for the year.
Fall or Spring: SMRT 272, Inclusive Recreation Services (3 cr)	

RITR Major Requirements – Typical Third-Year Schedule

Fall or Spring: SMRT 384, Practicum in Sport/Recreation Management (3 cr) or TREC 384, Practicum in Therapeutic Recreation (3 cr) Plus Core and option requirements, or electives to total 30 credits for the year

RITR Major Requirements – Typical Fourth-Year Schedule

<p>Fall: SMRT 482, Seminar in Recreation Industries and Therapeutic Recreation (3 cr) Plus Core and option requirements, or electives to total approximately 15 credits</p>	<p>Spring: Any outstanding major requirements, Core, or electives to total a minimum of 120 credits for your career</p>
<p>Fall or Spring: SMRT 485, Undergraduate Internship (12 cr – a minimum of 2.500 cumulative GPA required before internship is approved) or TREC 485, Internship in Therapeutic Recreation (12 cr)</p>	

Additional RITR Major Requirements – Flexible Timing

Select **28 credits** from the following (see track recommendations below):

- BIOL 130, Anatomy and Physiology Concepts I (3 cr)
- BIOL 132, Anatomy and Physiology Concepts I Lab (1 cr)
- CYDL 185, Adolescent Development in Context (3 cr)
- PHED 231, Challenge Course Facilitator (3 cr)
- PSYC 101, Introduction to Psychology (3 cr)
- PSYC 109, Human Development (3 cr)
- PSYC 221, Abnormal Psychology (3 cr)
- SMRT 102, Foundations of Therapeutic Recreation (3 cr)
- SMRT 110, Introduction to Esports and Gaming (3 cr)
- SMRT 114, Leisure in Modern Society (3 cr)
- SMRT 116, Event Management and Promotions (3 cr)
- SMRT 232, Recreation Programming II (3 cr)
- SMRT 253, Processes and Techniques in Therapeutic Recreation (3 cr)
- SMRT 278, Customer Hospitality (3 cr)
- SMRT 350, Marketing and Public Relations for Sport and Recreation Management (3 cr)
- SMRT 360, Supervisor Management for Recreation Services (3 cr)
- SMRT 411, Therapeutic Recreation Management Practices (3 cr)
- SMRT 473, Therapeutic Recreation Programming (3 cr)
- SMRT 478, Management of Financial Resources (3 cr)
- SMRT 560, Professional Trends and Issues in Therapeutic Recreation (3 cr)
- WLPL 201, Outdoor Pursuits: Becoming Skilled in Wellness and Physical Literacy in the Outdoors (1 cr)
- YMCA 341, Group Work (3 cr)

Therapeutic Recreation Track Selectives (required to sit for the CTRS exam):

BIOL 130, BIOL 132, PSYC 101, PSYC 109, PSYC 221, SMRT 102, SMRT 253, SMRT 411, SMRT 473 and SMRT 560.

RITR Major - Program Standards

Program standards for the RITR major include, but are not limited to:

- A minimum of 2.50 in major courses