



Springfield College Sequencing Guide Social Work Major (SWRK) ▼ 2026-2027

Requirements are subject to change and may not be offered when listed. Use your online degree audit to verify your progress with your advisor.

Core Curriculum Requirements, Electives, and College Requirements

In addition to the major requirements listed below, you will need to fill the following Core Curriculum categories:

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|--|---------------------------------|--------------------------------|------------------------------|
| • 100-level Wellness & Physical (1 cr) | • Literature (3 cr) | • Spiritual and Ethical (3 cr) | • Themed Explorations (9 cr) |
| • 200-level Wellness & Physical (1 cr) | • Quantitative Reasoning (3 cr) | • Aesthetic Expression (3 cr) | ➢ 3 prefixes |
| • 300-level Wellness & Physical (1 cr) | | | ➢ 1 Global course |

This major typically requires 57 credits to complete. In addition to the Core Curriculum and major requirements listed, you must complete:

- **30 elective credits or more** to total at least 120 credits
- The **residency requirement**—45 credits taken at Springfield College (including 15 of your last 30)

SWRK Major Requirements – Typical First-Year Schedule

Fall:

SCSM 101, Springfield College Seminar (Core requirement – 3 cr)
 ENGL 113, College Writing I (Core requirement – 3 cr)
 PSYC 101, Introduction to Psychology (3 cr)
 SWRK 101, Introduction to Social Work and Social Welfare (3 cr)

Plus other Core or electives to total approximately 15 credits

Spring:

ENGL 114, College Writing II (Core requirement – 3 cr)
 SOCI 101, Introduction to Sociology (3 cr – also fills Historical and Social Literacy Core)

Plus other Core and major requirements, or electives to total 30 credits for the year

SWRK Major Requirements – Typical Second-Year Schedule

Fall:

BIOL 101, Basic Concepts in Modern Biology (3 cr – also fills Scientific Reasoning Core)
 BIOL 102, Basic Concepts in Modern Biology Laboratory (1 cr – also fills Scientific Reasoning Core)
 SWRK 340, Find Your Niche: Exploring Social Work’s Many Opportunities (2 cr)

Plus other Core or electives to total approximately 15 credits

Spring:

PSYC 211, Introduction to Statistics (3 cr) **or**
 MATH 215, Probability and Statistics (3cr)

Plus other Core and major requirements, or electives to total 30 credits for the year

SWRK Major Requirements – Typical Third-Year Schedule

Fall: SWRK 501, Human Behavior in the Social Environment I: Theories of Individual Development and Behavior (3 cr) SWRK 531, Social Work Practice I (3 cr) Plus other Core or electives to total approximately 15 credits	Spring: SWRK 502, Human Behavior in the Social Environment 2: Systems Theories and Oppression (3 cr) SWRK 521, Research I: Practice Informed Research Methods (3 cr) SWRK 532, Social Work Practice 2 (3 cr) Plus other Core and major requirements, or electives to total 30 credits for the year
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SWRK Major Requirements – Typical Fourth-Year Schedule

Fall: SWRK 511, Social Welfare Policy I (3 cr) SWRK 584, Practicum I – First Half (3 cr) SWRK 482, Seminar I (3 cr) Plus other Core or electives to total approximately 15 credits	Spring: SWRK 512, Social Welfare Policy 2 (3 cr) SWRK 490, Capstone Seminar (3 cr) SWRK 585, Practicum I-Second Half (3 cr) Plus other Core and major requirements, or electives to total 30 credits for the year
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Additional SWRK Major Requirements – Flexible Timing

Select **6 credits** from the following:

- CRIM 101 – Introduction to Criminal Justice Credits: (3 cr)
- CRIM 215 – Gender, Race and Crime Credits: (3 cr)
- HSCI 315 - Interdisciplinary Perspectives on Aging Credits: (3 cr)
- PUBH 130 - Introduction to Public Health Credits: (3 cr)
- PUBH 410 - Health and Health Care Disparities Credits: (3 cr)
- PUBH 460 - Health Law Credits: (3 cr)
- PUBH 470 - Global Health Credits: (3 cr)
- PUBH 475 - Maternal and Child Health Credits: (3 cr)
- PSYC 209 - Social Psychology Credits: (3 cr)
- SOCI 210 - Social Problems Credits: (3 cr)
- SOCI 312 - Genders in Society Credits: (3 cr)
- SOCI 314 - Environment and Society Credits: (3 cr)
- SOCI 322 - Racial and Ethnic Relations Credits: (3 cr)
- SOCI 330 - Sociology of Health and Health Care Credits: (3 cr)
- SOCI 366 – Poverty and Wealth Credits: (3 cr)