

SPRING GROUPX

SCHEDULE

MON

YOGA @ 4:30
SPIN @ 5:00

TUES

YOGA @ 4:00
ZUMBA @ 6:30

WED

YOGA @ 11:00

THURS

YOGA @ 4:00
SPIN @ 5:00

SPIN CLASSES: ROOM 202.
ALL OTHER CLASSES: ROOM 214
ALL ARE WELCOME!

Classes begin 1/26

No Classes on 3/13-3/22