



**SPRING GROUPX**

# **SCHEDULE**

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**MON**

**YOGA @ 4:30**  
**SPIN @ 5:00**

**TUES**

**YOGA @ 4:00**  
**ZUMBA @ 6:30**

**WED**

**YOGA @ 11:00**

**THURS**

**YOGA @ 4:00**  
**SPIN @ 5:00**

**SPIN CLASSES: ROOM 202.**  
**ALL OTHER CLASSES: ROOM 214**  
**ALL ARE WELCOME!**

*Classes begin 1/26*  
*No Classes on 3/13-3/22*

